

INFO ABOUT CFS

We are a Messianic congregation of believers, Jews and Gentiles, from all walks of life who testify that Yeshua is LORD. We desire to conduct ourselves as our LORD and His apostles did. Our objective is not to 'become or act Jewish' but to walk in obedience & holiness according to God's Word.

Become part of the Call To Prayer team:



"When Moses' hands grew tired ... Aaron and Hur held his hands up -- one on one side, one on the other -- so that his hands remained steady till sunset," Ex 17:12, NIV.

Let us lift each other's arms up in prayer!

EXPLANATION OF LITURGY & TORAH STUDY

- ¹ When reciting the Shema face East toward Jerusalem, following the Prophet Daniel's example of praying facing toward the Temple.
- ² Yeshua declared the Shema is the greatest Commandment, Mk 12:29 & Dt 6:4.
- ³ Love your neighbor as yourself, Mk 12:30-31; Lev 19:18; Dt 6:5-9.
- ⁴ As YHVH told Joshua: "Be strong and of good courage" Joshua 1:6.
- ⁵ *Going up to the Torah* (the Torah service) is to reverence God's Holy Word.

AARONIC BLESSING Num 6:24-26

יְבָרֶכְךָ יְהוָה וַיִּשְׁמְרֶךָ:

Yee-vah-reh-*cheh-cha **YHVH (Adonai) vay-yeesh-meh-reh-cha;

יְאֵר יְהוָה פָּנָיו אֵלֶיךָ וַיַּחַנְדָּךְ:

Yah-ehr YHVH (Adonai) pah-hav eh-lay-cha vee-chu-neh-cha;

יִשָּׂא יְהוָה פָּנָיו אֵלֶיךָ:

Yee-sah YHVH (Adonai) pah-nav eh-lay-cha

וַיְשַׁלְּמֶךָ לְךָ שְׁלוֹם:

vay-yah-sem leh-*cha shalom.

*ch: guttural sound

**YHVH: The tetragrammaton יהוה is pronounced in various ways: Adonai, HaShem, etc. Many scholars believe, that during the time of our Messiah, this name was pronounced Yahveh.

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Faithful Stewardship

Yeshua is LORD!

SHABBAT SERVICE

10:30am

כָּל אֲשֶׁר-דִּבֶּר יְהוָה נַעֲשֶׂה

"All that יהוה [the LORD] has spoken we will do," Ex 19:8a ESV

PARASHA READING (Weekly Torah Portion):

¹⁴Va'era (& I appeared)

Torah: Exodus 6:2-9:35

Haftarah: Ezekiel 28:25-29:21

Apostolic Writings: Rom 9:14-17; 2Cor 6:14-7:1

Torah Study -- Assistant Gabbai Norman George

Torah Reading -- Denise Howell

Torah Drash -- Norman George

Haftarah Drash -- Donna Hansen

MESSAGE: Pastor Don Cole -- "Heart To Heart"

28 Tevet 5783 // January 21, 2023

SHABBAT SERVICE

Shofar Blowing -- Elder Jim Robeson

Welcome -- Elder Jim Robeson

1 Shema Liturgy -- Jim Robeson (Shema on next page of bulletin.)

2 Shema Israel / שְׁמַע יִשְׂרָאֵל (Deut 6:4; Mk 12:29)

3 V'ahavta / וְאַהֲבַתָּהּ (Deut 6:5-9; Lev 19:18; Mk 12:30-31)

4 Be strong & courageous (Josh 1:6; Ps 46:11)/ חִזְק וְעִמָּץ כִּי יְהוָה צְבָאוֹת עִמָּנוּ

Chah-zhak veh'eh-mahtz, kee YHVH tzeh-vah-ot eem-mah-nool

Be strong & of good courage, because YHVH of Hosts is with us!

Blessing Over Children -- Pastor Don Cole

Worship -- Norman George

Announcements & Prayer -- Les'a Cole

This week Jan 23 6-7pm – new class of Biblical Hebrew 101

Jan 24 5:30-7pm - Bib Heb 103 grammar & Parasha

Jan 25 4-5:30pm - Bib Heb 102 grammar & Parasha

Healing for Tere Joe, Fie Duykers, Vince Reterstorf, Brad Esker, & all

Worship -- Norman George

Message -- Pastor Don Cole -- "Heart To Heart"

Worship -- Norman George

TORAH STUDY

5 Going up to the Torah / עֲלִיָּה לַתּוֹרָה (Aliyah LaTorah) - Norman George

-- Lev 10:10 וְלֹהֲבִדִּיל בֵּין הַקֹּדֶשׁ וּבֵין הַחֹל וּבֵין הַטָּמֵא וּבֵין הַטָּהוֹר:
Oo-lah-havdeel bayn hah-kodesh oo-vayn hachol oo-vayn hah-tamay oo-vayn

hah-tah-or:
"You are to distinguish between the holy & the common, & between the unclean & the clean," (Leviticus 10:10).

-- Blessing before the Reading: נִרְ-לְרַגְלֵי דְבַרְךָ וְאוֹר לְנֹתֵיבֹתַי:
Nehr-leh-rahg-lee, deh-vah-reh-chah veh-ohr leen-tee-vah-tee
"Thy word is a lamp unto my feet, and light unto my path." (Psalms 119:105)

-- Called for public reading (of the Torah) / קְרִיאַת הַתּוֹרָה (Kriyat HaTorah)

-- Denysew Howell

-- Torah Drash (commentary) – Norman George

-- Haftarah Drash (commentary) – Donna Hansen

-- Congratulations to the Participants / כָּל הַכְּבוֹד / (With All Honor) -- all

Worship -- Norman George

Closing Blessing & Aaronic Blessing -- Don Cole

7So Moses came and called the elders of the people and set before them all these words that the LORD (YHVH) had commanded him. 8All the people answered together and said,

"All that the LORD (YHVH) has spoken we will do." (Ex 19:7-8a ESV)

כָּל אֲשֶׁר-דִּבֶּר יְהוָה נַעֲשֶׂה

Weekly

Jan 23 6-7pm – new class of Biblical Hebrew 101
Jan 24 5:30-7pm - Bib Heb 103 grammar & Parasha
Jan 25 4-5:30pm - Bib Heb 102 grammar & Parasha

February

02/03/2023 Torah accessory collection (you are welcome to send any offerings to either Zelle (to Les'a's cell) or mail to CFS 6336 N. Oracle Rd #326-331 // Tucson, AZ 85704)

2023 Spring Holidays

03/06/2023 (Mon) 5:45pm - Purim celebration
04/05/2023 (Wed) 5:00pm - Passover Seder (end of Nisan 14 - Ex 12:6)
04/05/2023 (Wed) sunset - Chag HaMatzot (begins 24-hour Shabbat Shabbaton)
04/11/2023 (Tue) 5:45pm - 7th Day Chag HaMatzot (24-hour Shabbat Shabbaton)

Shema (The confession of a believer's faith according to Yeshua)

שְׁמַע יִשְׂרָאֵל יְהוָה אֱלֹהֵינוּ יְהוָה
אַחַד:

Shema Yisra'el YHVH* Ehlohaynu YHVH echad!

(chant the following line in undertone)

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד
Baruch shem kavod malchuto layohlam va-ed

וְאַהֲבַתָּהּ אֶת יְהוָה אֱלֹהֶיךָ בְּכָל לִבְבְּךָ וּבְכָל נַפְשֶׁךָ וּבְכָל מְאֹדֶךָ:
Vayah avta et YHVH* Elohaycha baychol lay-va-veh-cha uvchol nafshaycha uvchol mayoday-cha. (repeat twice)

Vay-ahavta lere-acha kamocho. Amen

וְאַהֲבַתָּהּ לְרֵעֶךָ כָּמוֹךָ: אָמֵן

Hear, O Israel, YHVH* Our God, YHVH is One.
Blessed be His glorious Name Whose kingdom is forever and ever!
And you shall love YHVH your God with all your heart & with all your soul and with all your might.
And these words that I command you today shall be in your heart.
And you shall teach them diligently to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up.
And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes.
And you shall write them on the doorposts of your house and on your gates. (Dt 6:4-9, ESV)
And you shall love your neighbor as yourself. Amen (Lev 19:18b, ESV)